

# EARLY

CEDOFEITA

Sourdough 100% Natural Slow Fermentation

PAULINO HORTA FLOURS <sup>ALENQUER</sup> maximum exponent of the old-style flours traditionally made in windmill stone millstones, full of deep aroma and flavor

**WHEAT** <sup>V DF</sup> 600GR **4<sup>00</sup>** 1200GR **6<sup>50</sup>**

**WHEAT SPECIAL** <sup>V DF</sup> 600GR **5<sup>00</sup>** 1200GR **7<sup>50</sup>**

w BARBELA

w PUMPKIN

w MULTIGRAIN

w SAFFRON, SUNFLOWER

w PLUM WALNUT <sup>N</sup>

w SWEET POTATO, BLUEBERRY, LAVENDER

w APRICOT, ROSEMARY

w OLIVE, SUNDRIED TOMATO, QUINOA

**SOURDOUGH CRUMBS** <sup>V DF</sup> 100GR **1<sup>50</sup>**

**CROUTONS / CRACKERS** <sup>V DF</sup> 100GR FROM **3<sup>00</sup>**

**FOCACCIA** <sup>V DF</sup> 600GR **8<sup>00</sup>** 1200GR **14<sup>00</sup>**

w SEA SALT & ROSEMARY

w TOMATO & THYME

w ONION & OLIVES

**RYE WHOLE** <sup>LOAF V DF</sup> 600GR **4<sup>50</sup>** 1200GR **7<sup>00</sup>**

**RYE SPECIAL SEEDED** <sup>LOAF V DF</sup> 600GR **5<sup>50</sup>** 1200GR **9<sup>00</sup>**

**BRIOCHE SOURDOUGH** <sup>LOAF OV</sup> 600GR **12<sup>00</sup>**

**HAZEL COCOA CAROB** <sup>LOAF V DF</sup> 600GR **9<sup>00</sup>** 1200GR **14<sup>00</sup>**

**GLUTEN FREE** <sup>LOAF V DF GF</sup> 600GR **6<sup>50</sup>** 1200GR **12<sup>00</sup>**

Sourdough — in Portuguese *Massa Mãe Lêveda* — is a dough fermented through lactobacilli and yeasts naturally present in the environment and in the actual grains of the cereal from which the flour was made. Sourdough is characterised by a mild bitterness noticeable in the resulting bread and/or food produce. Due to the lactic acid produced by lactobacilli, preventing other microorganisms from manifesting, produce made with slow fermented sourdoughs have a pronounced intensity and a considerable longer life. Our starter is a story of love and daily dedication with about eight years of longevity, since the opening of the townhouse, and it is nicknamed **ROSA**

<sup>V</sup> vegan <sup>OV</sup> ovo-lacto-vegetarian <sup>GF</sup> glutenfree <sup>DF</sup> dairyfree <sup>R</sup> raw <sup>N</sup> nuts <sup>C</sup> crustaceans

**THE TOWNHOUSE KITCHEN**

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**PANETTONE** OV UNIT **3<sup>00</sup>** 600GR **16<sup>00</sup>** 1200GR **24<sup>00</sup>**

w MUSCAT RAISINS DOURO MOSCATEL  
w COCOA NIBS and ORANGE ALGARVE  
w CRISPY ONION and THYME

**BOLO — REI** OV 1200GR CROWN **26<sup>00</sup>**

**BOLO — RAINHA** OV 1200GR CROWN MALABAR **29<sup>00</sup>**

**WILLY WONKA** OV 1200GR CHOCOLAT TRUNK **28<sup>00</sup>**

**RABANADAS** FRENCH TOAST OV UNIT **5<sup>50</sup>** 6 UNIT **24<sup>00</sup>**

**WINE RABANADAS** OV UNIT **6<sup>50</sup>** 6 UNIT **26<sup>00</sup>**

**PÃO — DE — LÓ** OV OVAR SPONGECAKE 500GR **15<sup>00</sup>**

**PUMPKIN PECAN PISTACHIO PIE** OV 1200GR **32<sup>00</sup>**

**THE PUDDING** OV 1200GR **24<sup>00</sup>**

**CHURRA CHEESECAKE** OV 1400GR GOATMILK **35<sup>00</sup>**

**BORDALEIRA CHEESECAKE** OV 1400GR SHEEPMILK **42<sup>00</sup>**

**TIRA — M — ISSO** OV 700GR **18<sup>00</sup>** 1400GR **35<sup>00</sup>**

**COCOA** <sup>3</sup> OV GF DF 700GR **19<sup>00</sup>** 1400GR **39<sup>00</sup>**

**SALAME PISTACHIO** OV 500GR **17<sup>00</sup>** 1000GR **32<sup>00</sup>**

**TÚRRON** COCOA / PINE NUT / HONEYCOMB V GF DF 200GR **11<sup>00</sup>**

**BANANA BREAD** OV N BRICK 600GR **16<sup>00</sup>** 1200GR **24<sup>00</sup>**

**SPICY GINGER** OV BRICK 600GR **14<sup>00</sup>** 1200GR **22<sup>00</sup>**

**TEA CAKES** OV BRICK 600GR **15<sup>00</sup>** 1200GR **23<sup>00</sup>**

w LIME, LEMON, POPPY SEEDS  
w COCOA, COFFEE, ROSE PEPPER  
w COCONUT  
w ORANGE ALGARVE  
w CARROT, WALNUT <sup>N</sup> OR PARSNIP SEASONAL  
w ALMOND HAZELNUT <sup>N</sup>  
w EGG WHITES, SULTANAS, PORT WINE

**PAVLOVA** TOPPING SEASONAL OV UNIT **7<sup>00</sup>** 24CM **30<sup>00</sup>**

V vegan OV ovo-lacto-vegetarian GF glutenfree DF dairyfree R raw N nuts C crustaceans

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**CROISSANT** PUFF DOUGH OV UNIT 2<sup>50</sup> LOAF 600GR 14<sup>00</sup>

**PAIN AU CHOCOLAT** OV UNIT 3<sup>00</sup> LOAF 600GR 18<sup>00</sup>

**CINNAMON ROLL** OV UNIT 3<sup>00</sup> LOAF 600GR 16<sup>00</sup>

**PISTACHIO BUN** OV UNIT 3<sup>50</sup> LOAF 600GR 18<sup>00</sup>

**CRANBERRY RIBBON** OV UNIT 3<sup>00</sup> LOAF 600GR 16<sup>00</sup>

**VIENNOISERIES** OV UNIT 3<sup>50</sup>

**SCONES** OV UNIT 2<sup>00</sup>

**COOKIES** OV N FROM 100GR 5<sup>00</sup> 200GR 8<sup>00</sup>

GINGERBREAD OR XMAS FIGURES SPECIAL

AL—BISCOTTI / CANTUCCINI

OATS / (COCOA) PEANUT BUTTER

LEMON COCONUT

VEGAN LIME—COCO VEGAN

**SEASON JAMS** V DF GF 200GR 8<sup>00</sup>

w PUMPKIN NUTS N

w PEACH, GARAM MASALA, LAVENDER

w STRAWBERRY, BASIL OR THYME

w PLUM, CHIA, PORT WINE

w FOREST FRUITS

w COCONUT, PINEAPPLE AZORES

w KIWI, LIME

w FIG

**QUINCE** V DF GF JELLY 200GR 5<sup>00</sup> MARMALADE 100GR 10<sup>00</sup>

**CHUTNEYS** V DF GF 200GR 8<sup>00</sup>

w AL—GHARB MANGO, APPLE, SHALLOT

w RAINBOW PEPPERS

w BEETROOT, ORANGE ALGARVE

w FENNEL, TURMERIC

w CORAÇÃO DE BOI TOMATO

w PORT ONION DOURO

**BREAD & BUTTER PICKLES** V DF GF 200GR 8<sup>00</sup>

**KIMCHI** V DF GF 200GR 8<sup>00</sup>

**PIMENTA DA TERRA KETCHUP** V DF GF 200GR 8<sup>00</sup>

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**GRANOLA / MUESLI SEASONAL** V N 250GR **8<sup>00</sup>**

**SPICED NUTS** V N 100GR **11<sup>00</sup>**

**DUKKAH** SEASONING V N 100GR **11<sup>00</sup>**

**SEA SALT** FROM ALGARVE AROMATISED IN HOUSE V N 150GR **8<sup>00</sup>**

w PORT WINE DOURO

w CITRUS BLOOD ORANGE, MANDARINE, LIME, LEMON

**TAHINI SESAME PASTE** V DF GF 200GR **8<sup>00</sup>**

**PLANT—BASED BUTTERS** V DF GF 200GR FROM **8<sup>50</sup>**

w HAZELNUT OR COCOA—HAZELNUT

w ALMOND

w WALNUT

w PISTACHIO

w CASHEW NUT

w PEANUT SMOOTH OR CRUNCHY PEANUT BUTTER

**BLACK SALTED CARAMEL** EV GF 200GR **8<sup>00</sup>**

**BUTTER w FLEUR DE SEL** EV GF 100GR **5<sup>00</sup>**

**NATURAL YOGHURT** EV GF 200GR **2<sup>00</sup>**

**RICOTTA / LABNEH / TZATZIKI** EV GF 200GR **6<sup>00</sup>**

**HOUSEMADE SODAS** V DF GF 50CL **8<sup>00</sup>**

w LIME, MINT

w LEMONGRASS, FENNEL

w MIXED FOREST BERRIES

w HIBISCUS, WILD ROSES, CARDAMOM

w GINGER, LEMON

w CARQUEJA, CHAMOMILE, ORANGE

w ST JOHN'S HEART, BIRCH, LEMON

w BLUEBERRY, ANISEED—AGASTACHE

w VERBENA, HEATHER, SAVORY, LIME

**MADAME KOMBUCHA** V DF GF 50CL **8<sup>00</sup>** 1L **15<sup>00</sup>**

**MISTER COLD BREW** V DF GF 50CL **5<sup>00</sup>** 1L **9<sup>00</sup>**

**TEPACHAI** V DF GF 50CL **8<sup>00</sup>** 1L **15<sup>00</sup>**

**COFFEE** VERNAZZA COFFEE ROASTERS BEANS 250GR **14<sup>00</sup>**

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